



## WORKBOOK\_LESSON 6

### Part 1: FOCUS

What creates your Reality?

Do we amplify or diminish what we focus on?

How does the focus on the habitual story about yourself/your life affect your broadcast?

Why is it so important to know where your focus is?

Why is important to word your intention for Abundance correctly?

Why is essential to not focus on lack?

Give 5 example from your life when you habitually use incorrect wording for your Abundance intention:

1:

2:

3:

4:



5:

What would be the correct words to use for each of these 5 intentions:

1:

2:

3:

4:

5:

Name one quality of who you would need to BE (Identity) for each of the 5 intentions you listed:

1:

2:

3:

4:

5:

What does your Abundance depend on?

Track your focus moment to moment.

## Part 2: REDIRECT

What are the 3 steps of redirecting your focus:

1-

2-

3-

Describe the mechanics of Identity and Environment adjustment that creates your Reality:

## Part 3: MANIFESTING

What is manifesting 3 pillars:

1-

2-

3-

What is the difference between “getting” and “allowing”?



How trust is related to “allowing”?

Describe in simple terms how you make “reality” (particle) out of the Universal energy (wave):

Describe what you will do now when you run into one of your old negative habitual stories:

Describe the process of manifesting what you want based on your Future Identity (A to B):

## Part 4: BUSINESS

Write again the sequence of how you create your Reality:

What is the correct way to be self-disciplined about your emotions?



Which negative habitual emotions are you tolerating in your business right now?

What are the 3 steps of Reality creation when you activate a negative emotion?

1:

2:

3:

Why is overriding emotions with your will power is a faulty strategy?

What is “freedom” in the Soul Freedom Business?

List 5 ways how you are open to Abundance coming into your business other than Money:

1:

2:

3:

4:

5:

Why entrepreneurship is an “ascension school”?